



SUBMITTING TRUE NORTH ACTIVITIES



Submitting Your True North Results:

- Log into your Run Sign Up account
- Click your profile in the upper right corner
- Click **SUBMIT VIRTUAL RESULTS**



17 APR 2023 7:00am CDT

True North Rewards Program
Springfield, MO 65898 US
Event: Wellness Exam/Well Woman Exam, 500 points

Submit Virtual Results
Manage Registration
Resend Confirmation

M Log Activities
Melissa Bondy: 8000 steps per day, 1 point/day

This box shows all of your challenges.
Results will be accepted from Wednesday April 19, 2023 12:00:am CDT to Saturday December 30, 2023 11:59:pm CST. [Click here](#) for additional details.

New Activity

Date Completed * 04/21/2023
Activity completed *
Convert from: v

Comment

+ Add Another Activity Import Activities from CSV file Lock Account v

Submit Activity

Log your challenge activity. If you have more to add, hit "add another activity".
Once you are finished, hit "submit activity".

Example: You walked 8000 steps today and you drank your water. Report your steps, add another activity and report drinking your water. You can add all of your activities at one time or throughout your day.



Scan the QR code to go to RunSignUp.

<https://runsignup.com>



Thrive365
Begin. Be Fit. Be Well.
BASS PRO SHOPS WELLBEING

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